



Mercy Hospice Auckland

Te Korowai Atawhai

palliative care education
programme 2018

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statement of intent



Mercy Hospice Auckland recognise that delivery of high quality palliative care is dependant upon a skilled, knowledgeable workforce, that is committed to the pursuit of excellence through continued learning

One of our strategic objectives is to collaborate with, support and educate other professionals working with patients facing the end of their lives

Our goal is to ensure that all participants in our education programme are better informed and have a renewed sense of commitment to delivering quality palliative care to their patients and families

important information about our courses



We provide continuing education for:

- ◆ Health care professionals/providers (clinical and non-clinical)
- ◆ Families / whanau
- ◆ Wider community

Registration is essential to attend all education sessions at Mercy Hospice Auckland.

This ensures your place is guaranteed on the session - please provide a correct email address and we can contact you regarding any changes to the session or venue

For a full schedule of our programme, content, and costs, and to register for our courses please visit our website: www.mercyhospice.org.nz/education/

COURSES



Hospice NZ Fundamentals of Palliative Care

New in 2018!

We are now able to offer this course **FREE** to attendees working within the ADHB area. This course has been developed by Hospice New Zealand to support and educate people who are working with patients and families/whanau requiring a palliative care approach

The Hospice NZ Fundamentals of Palliative Care Course is a multidisciplinary education resource aimed at all staff working with people who have a life limiting illness

The Essence of Palliative Care is the foundation learning package which must be completed prior to the other education sessions

Each education session has a self-directed learning component comprising of pre-session and post-session learning activities. This supports you to transfer the information and experiences of the session back into your working environment

The complete course comprises of ten learning packages, facilitated over 12 separate education sessions:

- ◆ Essence of Palliative Care (the pre-requisite learning package)
- ◆ Ethical Issues in Palliative care
- ◆ Pain & Symptom Management learning package has been split into three separate sessions due to the size of the topic:
 1. Pain
 2. Other Symptoms
 3. Pharmacology (this session is optional for HCAs)

- ◆ Palliative Care for People with Chronic Illness
- ◆ Palliative Care for People with Dementia
- ◆ Communication Skills
- ◆ Last Days of Life
- ◆ Loss and Grief
- ◆ Caring for Ourselves
- ◆ Introduction to Spiritual Care

To discuss the training needs of your facility please contact the Education Team Leader at Mercy Hospice Auckland on (09) 376 7568

Cost per session: Free of charge

Courses



Hospice NZ Palliative Care for Care Assistants

This course consists of four half days

Target Audience: Health Care Assistants

Explore your role in providing palliative care for your residents/patients and their families/whanau

Course cost: \$80.00

Palliative Care in Clinical Practice (PCCP)

Two day course

Target Audience: Health/Allied Health Professionals with a basic knowledge of palliative care

Pre-requisite: HNZ Fundamentals of Palliative Care or similar

This course is designed for health professionals who already have an understanding of palliative care wanting to further develop their knowledge and skills

Each course is facilitated over 2 days in total, see below:

Course cost: \$245.00

workshops

Master classes

Full day workshops

These workshops are designed for health/allied health professionals to strengthen and further develop their palliative knowledge and skills (eg. you may have attended the HNZ Fundamentals of Palliative Care Course and want to know more)

Participants will experience practically focussed workshops to support the provision of quality palliative care for their patients and families/whanau

Content of the 2018 master class include:

- ◆ Communication
 - ◆ Connection
 - ◆ Cross-cultural communication
 - ◆ Challenging conversations
- ◆ Self-care
 - ◆ sustaining compassion and resilience

Cost: \$145.00

Care of the Dying

One hour session

Target Audience: Health/Allied Health Professionals

This course is initially one hour with additional sessions on symptom management totalling three to four hours over a period of time

The vision of the New Zealand Palliative Care Strategy (2001) is that all people who are dying and their family/whanau that could benefit from palliative care, have timely access to quality palliative care services that are culturally appropriate and are provided in a coordinated way

Mercy Hospice Auckland, in partnership with the Auckland District Health Board, has been implementing the Last Days of Life Care Plan across the district

This tool has evolved from the NZ implementation of the Liverpool Care Pathway to transfer the hospice model of care into other settings. It is a multi-professional documented process which provides an evidence-based framework for last days of life care

Cost: This course is offered free of charge

To register please email: charmaine.fowles@mercyhospice.org.nz

workshops



Hospice NZ Syringe Driver Competency Workshop

Three hour workshop

Target Audience: Registered Nurses

All participants are expected to hold a current New Zealand Nursing Council Practising Certificate

Increase your knowledge and skills in the use of the NIKI T34 syringe driver. Participants receive a certificate on completing the requirements of this course

Morning tea provided

Cost: \$80.00

Hospice NZ Syringe Driver Update Session

One and a half hour workshop

Target Audience: Registered Nurses

RNs who have completed the HNZ Syringe Driver Competency workshop within the last 2 years. All participants are expected to hold a current New Zealand Nursing Council Practising Certificate

This syringe driver update session is provided for nurses who have previously completed the HNZ Syringe Driver Competency Programme and are wanting to attend a refresher session to reinforce knowledge and practical application when using a continuous subcutaneous infusion. Participants receive a certificate on completing the requirements of this course

Cost: \$40.00

family / whanau education

Families as Carers

One and a half hour session

Are you caring for a person with a terminal/life limiting illness?

Mercy Hospice Auckland runs free workshops with carers in mind. The workshops are interactive sessions with other carers to discuss the issues you face daily

Topics covered include:

- ◆ Looking after yourself
- ◆ The support available through hospice and in the community, and how to access this support
- ◆ Communication skills – maintaining your relationship with the person who is ill
- ◆ What to expect throughout this time of illness
- ◆ What to do when things go wrong
- ◆ Discussion around the physical needs of the person who you are for caring for at home

Morning tea provided

Cost: These sessions are free of charge

other learning opportunities



Hospice NZ Palliative Care Lecture Series

One hour session

The Cancer Research Trust Palliative Care Lecture Series is hosted by hospices throughout New Zealand

These are held on the first Thursday of each month, 7.30 am to 8.30 am

This education opportunity is designed to suit the needs of a multidisciplinary audience with an interest in palliative care

The 2018 schedule of lectures are available on the Hospice New Zealand website, here is the link: <http://www.hospice.org.nz/palliative-care-lecture-series>

Cost: These sessions are free of charge