



Manaaki Wellness

2024 Weekly Sessions - Round 3

Booking in advance **is essential** to attend the sessions. Limited spaces.

- HOLISTIC AROMATHERAPY
Date: **12 September 2024** Time: 10.30am
- REFLEXOLOGY - HAND & FOOT MASSAGE
Date: **19 September 2024** Time: 10.30am
- ART THERAPY (MBAT)
Date: **26 September 2024** Time: 10.30am
- REFLEXOLOGY HAND & FOOT MASSAGE
Date: **03 October 2024** Time: 10.30am
- RT THERAPY (MBAT)
Date: **10 October 2024** Time: 10.30am
- REFLEXOLOGY HAND & FOOT MASSAGE
Date: **17 October 2024** Time: 10.30am
- MINDFULNESS
Date: **24 October 2024** Time: 10.30am
- REFLEXOLOGY HAND&FOOT MASSAGE
Date: **31 October** 2024 Time: 10.30am
- REFLEXOLOGY HAND & FOOT MASSAGE
Date: **28 November 2024** Time: 10.30am
- REFLEXOLOGY HAND & FOOT MASSAGE
Date: **5 December** 2024 Time: 10.30am

For bookings: 0278086498



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