



## Manaaki Wellness

- **SEATED YOGA with Jess**  
Date: **04 June 2026**  
Time: 10.30am
- **REFLEXOLGY - Limited space bookings essential**  
Date: **11 June 2026**  
Time: 10.30am
- **DAVIS FUNERAL QUESTION AND ANSWER INFORMATION SESSION**  
DATE: **18 JUNE 2026**  
Time: 10.30am
- **REFLEXOLOGY - Limited space bookings essential**  
Date: **02 July 2026**  
Time: 10.30am
- **MATARIKI CELEBRATION KAPA HAKA & WAIATA**  
Date: **09 July 2026**  
Time: 10.:00am
- **AROMATHERAPY/CANDLE MAKING**  
Date: **16 July 2026**  
Time: 10.30am
- **SEATED YOGA with Jess**  
Date: **23 July 2026**  
Time: 10.30am
- **REFLEXOLOGY - Limited space bookings essential**  
Date: **30 July 2026**  
Time: 10.30am
- **SEATED YOGA WITH JESS**  
Date: **06 August 2026**  
Time: 10.30am
- **JAPANESE TEA CEREMONY**  
Date:13 August 2026  
Time:10:30am
- **REFLEXOLOGY - Limited space bookings essential**  
Date: 20 Augsut 2026  
Time: 10.30am
- **Advance Care Plan (ACP) workshop with Lana**  
Date: **27 August 2026**  
Time: **10:30am**
- **CHAIR DANCE WITH DEBBIE - TBC**  
Date: **03 September 2026**  
Time: **10:30am**

**For further information: 0278086498**



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